Department of Health Promotion and Development

Faculty of Psychology, University of Bergen

2009 Annual Report

HEMIL-senteret
Contents

3 Forward

5 Introduction and overview

Staff

7 Academic
14 Administrative
16 Doctoral students

Research activities

20 Social Influences Processes in Adolescence
20 Multi-cultural Venues in Health and Education
21 Mental Health Epidemiology
21 Stress, Health and Rehabilitation
21 The Olweus Group against Bullying & Antisocial Behaviour

Teaching activities

22 Child Welfare Master’s Programme
22 Gender and Development Master’s Programme
23 Health Promotion and Health Psychology Master’s Programme
23 International Health Promotion Master’s Programme
24 Bachelor’s programme in Public Health and Health Promotion
24 Graduate School of Human Interaction and Growth (PhD)
25 Professional Studies in Psychology
25 Bergen Summer Research School

26 Publications

37 Sources of research support

40 Governance

41 PhD’s awarded since 1989
This report is issued by the Department of Health Promotion and Development, and covers the 2009 activities of the Research Centre for Health Promotion. This is the consequence of a recent change in administrative arrangements at the Faculty of Psychology. For a period of several years, the Faculty experimented with a structure having no academic departments. In spring 2010, when this report was prepared, the Faculty returned to a department structure, and the Research Centre for Health Promotion was designated as the Department of Health Promotion and Development.

This change is not superficial. At the University of Bergen, academic departments are the foundation of the system that undertakes research and research-based teaching. By returning to a department structure, the Faculty of Psychology has given new visibility to its principle academic activities, including health promotion and development. This is a step forward for us, and one we welcome gladly.

However, the change is mostly cosmetic with regard to our activities, which are basically the same under the new name in 2010 as they were under the old name in 2009.
Expectedly, there was substantial progress and a good record of productivity in 2009. The main purpose of the Annual Report is to document our activities in a way that is meaningful to our present and future collaborators in Norway and around the globe.

Our research and teaching is intensely international. A good number of our students come from many countries other than Norway. Virtually all our academic staff participates in international academic activities. With our foci on health, development and internationalisation, the Department makes important contributions to several of the strategic priorities of the University of Bergen.

As this report is presented in English, we use the English name for the department. In Norwegian, the department name is HEMIL-senteret, unchanged since we were founded in 1988. In Norway and in Scandinavia, HEMIL-senteret is now so well known that changing the name, as we have done in English, would have been unwise. You don’t change a brand name when the brand is widely known and respected. We, the staff and students, are immodest enough to take a great deal of pride in being associated with HEMIL-senteret, further strengthened now by having become a department at the University of Bergen.

Maurice B. Mittelmark, Head of Department
Introduction and Overview

The Research Centre for Health Promotion (Hemil-senteret) was established by the University of Bergen in collaboration with the Norwegian Health Association (Nasjonalforeningen for folkehelsen) July 1st 1988 as a cross-disciplinary research centre organised under the Faculty of Psychology. The centre was established as a department in Spring 2010, still named HEMIL-senteret in Norwegian, but with a name change in English to Department of health Promotion and Development.

So, why change the name to include the term development? In the early years, our research focussed mostly on health-related behaviour change, including descriptive and intervention research in communities in Norway and in other places, principally parts of Sub-Saharan Africa. Over the years, our portfolio of research activities expanded to include foci on mental health and wellbeing, child welfare, gender and development, and the bridge from policy to practice, amongst other growing interests.

During the early years our research methods were mostly quantitative and our theoretical foundation came mostly from the sub-disciplines of social psychology, health psychology and behavioural epidemiology. Today, we have a good balance of qualitative, qualitative and mixed methods research. We continue to work in the health psychology arena, but our theoretical foundation is much expanded, including important influences from education, sociology and political science, anthropology, child welfare, and epidemiology, amongst other influences.

We are extraordinarily heterogeneous, with regard to the academic backgrounds of our scientific staff and the types of research perspectives we embrace. This is a blessing and also a bit of a curse. The great advantage of ‘disciplinarity’ is that scholars in a given discipline will agree more or less on what types of problems are most important, on what theoretical perspectives are appropriate, and on what research methods are preferred.
In arenas that are shared by a number of disciplines, such as health promotion and development, everyone has to work extra hard to understand the language, perspectives and methods of others. Everyone has to be humble enough to concede that that are many worthy ways of viewing science, and that no one way is the best way. Everyone has to be willing to invest time and effort to learn enough about others’ scientific work, such that mutual understanding and respect is nurtured and can blossom.

We foster mutual understanding and respect through weekly departmental seminars, which all academic staff members attend regardless of the degree of proximity they have to the subject matter of the week. We do the same, but much more intensively, during two-day seminars held once each semester. We also engage in discussions to develop clearer understanding about the values and ethical principles that bind us together, despite disciplinary differences.

Two of the core values that bind us are health equity and human development, and the two are so intertwined that they are barely discernable. Health as we use the term refers to a sufficient level of physical, social and mental functioning that an individual can lead a life of critical autonomy. To be critically autonomous means to value social justice to the extent that one balances one’s own desires and needs with the desires and needs of all in society – social solidarity, as it translates from the Norwegian. When people collectively practice social solidarity, the conditions for positive human development are ripest. Health promotion and development are shorthand terms for these core values, hence the name of our department. By excluding from our name the core disciplines from which we come, and composing the name out of the core values that bind us, we aim to communicate to ourselves and to others what we are and what we aim for.
Academic

Delia Bancila

- Postdoctoral research fellow, Department of Health Promotion and Development
- Research Group: Social Influences Processes in Adolescence
- Member, International Union of Health Promotion, Society of Preventive Medicine, HBSC network
- delia.bancila@ihu.uib.no

Marguerite Daniel

- Associate Professor, Development-related Health Promotion
- Teaching: International Master’s in Health Promotion (also diverse Master's teaching in Child Welfare, Geography (Faculty of Social Sciences), Centre for International Health (Faculty of Medicine))
- Research Group: Multicultural Venues in Health and Education
- marguerite.daniel@uib.no

Hege Eriksen

- Research director, Uni Health. Professor II at the Research Centre for Health Promotion (HEMIL), University of Bergen.
- Teaching: Behavioural medicine, Faculty of Psychology
- Research Group: Stress, Health, and Rehabilitation

---

1 Affiliations listed as Department of Health Promotion and Development; this is the new name of the Research Centre for Health Promotion.
- Member of National Board for physical activity
- Member National Committee for reforms of sickness leave 2010.
- Associate member of Expert Group on Human Biology and Medicine, Life Sciences Standing Scientific Group, Scientific Committee on Antarctic Research.
- Member of psychology subgroup on Antarctic Research.
- President, International Society of Behavioral Medicine
- Member of the editorial board Psychology and health,
- Member of the Editorial Advisory Board British Journal of Health Psychology
- hege.eriksen@uni.no

Elisabeth Fosse

- Associate Professor and Deputy Head, Department of Health Promotion and Development
- Teaching: International Master’s Programme in Health Promotion
- Research Group: Multicultural Venues for Health and Education
- Member, Program Board for Study programmes in health promotion
- Member Board of Trustees International Union for Health Promotion and Education
- elisabeth.fosse@iuu.uib.no

Ellen Haug

- Post Doctor, Department of Health Promotion and Development
- Research Group: Social Influences Processes in Adolescences
- ellen.haug@psyhp.uib.no

Haldis Haukanes

- B.A. Hons. (1987), M.Phil (1992), Dr. Polit (1999), University of Bergen (Social Anthropology)
- Associate Professor and Head, International Master’s Programme in Gender and Development
- Teaching: International Master’s Programme in Gender and Development
- Research Group: Multicultural Venues in Health and Education
- Haldis.haukanes@iuu.uib.no
Ragnhild Hollekim
- CPolit (1997), University of Bergen
- University lecturer (on leave)
- Teaching: master’s programme in Child Welfare
- Research group: Social Norms and interaction
- ragnhild.hollekim@uib.no

Ingrid Holsen
- B.S. (1993), M.A. (1996), PhD (2003), University of Bergen
- Associate Professor, Department of Health Promotion and Development
- Teaching: Bachelor Programme in Public Health and Health Promotion
- Research Group: SIPA
- Member, Faculty of Psychology Education and Evaluation Committee
- Head of Program Board for Study programs
- Ingrid.holsen@psyhp.uib.no

Anette Christine Iversen
- Associate professor
- Teaching: Master’s Programme in child welfare
- Research Group: SIPA
- anette.iversen@psych.uib.no

Torill Larsen
- B.S. (1990), M.A. (2000), PhD (2005), University of Bergen
- Associated professor, Department of Health Promotion and Development
- Part time position as Head of Research Department at Betanien Deaconal University College
- Teaching: Bachelors Programme in Public Health and Health Promotion
- Research Group: Social Influences Processes in Adolescences
- torill.larsen@iuh.uib.no

Gro Th. Lie
- Magister (1976), University of Oslo; PhD/Doctor Psychol.(1996), University of Bergen
- Professor, Department of Health Promotion and Development
- Teaching: Master's Programme in Health Promotion, Master's Programme in Gender and Development, Master's Programme in Health Sciences, Bergen Summer Research School
- Research Group: Multicultural Venues for Health and Education (Research Group Leader)
- Member, University Board, University of Bergen
  Member, University of Bergen's Strategic Committee for Development related
- Research and Competence Building
- Member, Programme Board of Master's Programme in Gender and Development
- Member, National Committee for The Comparative Research Programme on Poverty (CROP)
- Member, National Committee on HIV/AIDS issues
- Gro.Lie@psyhp.uib.no

**Maurice B. Mittelmark**

- Professor and Head, Department of Health Promotion and Development
- Teaching: International Master's Programme in Health Promotion
- Research Group: Multicultural Venues for Health and Education
- Member, Faculty of Psychology Research and Researcher Training Committee
- Vice President, Communications, International Union for Health Promotion and Education
- Editor-in-Chief, Global Health Promotion
- maurice.mittelmark@uib.no

**Arnstein Mykletun**

- M.A. (sociology, 2000), MA (psychology, 2002), PhD 2006, University of Bergen
- Professor in 20% position, Department of Health Promotion and Development
- Senior researcher (100% position) at the Norwegian Institute of Public Health, Oslo
- Teaching: Social psychology, quantitative research methods for PhD students
- Research Group: Mental Health Epidemiology (head)
- arnstein.mykletun@uib.no
Dan Olweus
- PhD (1969), University of Umeå, Sweden
- Research Professor
- Research Group: The Olweus Group against Bullying and Antisocial Behaviour
- Member of Academia Europaea
- olweus@psyhp.uib.no; olweus@uni.no

Oddrun Samdal
- Cand.mag (1990), M.A. (1992), PhD (1999), University of Bergen
- Professor
- Teaching: Norwegian Master’s Programme in Health Promotion, Graduate School of Human Interaction and Growth
- Research Group: Social Influence Processes on Adolescent Health
- Vice Dean of Education Faculty of Psychology (until 01.08.2009)
- Databank Manager for the Health Behaviour in School-aged Children Survey (HBSC)
- oddrun.samdal@psyhp.uib.no

Hege Tjomsland
- PhD (2009), University of Bergen
- Researcher
- Research Group: Social Influence Processes on Adolescent health
- hege.tjomsland@uib.no

Marit Tjomsland
- Associate Professor, Department of Health Promotion and Development
- Teaching: International Master's Programme in Gender and Development
- Research Group: Multicultural Venues for Health and Education
- marit.tjomsland@uib.no

Holger Ursin
- MD (1958), dr med (1964), University of Oslo
- Professor emeritus
- Senior Scientist Uni Health
- Research Group: Stress, Health and Rehabilitation
- holger.ursin@uib.no
Nora Wiium

- Associate professor
- Teaching: Professional Programme in Psychology
- Research Group: Social Influence Processes on Adolescent Health
- nora.wiium@psyhp.uib.no

Bente Wold

- Cand. psychol. (1985), PhD (1989), University of Bergen
- Professor, Department of Health Promotion and Development
- Teaching: Graduate school of Human Interaction and Growth, Professional Programme in Psychology, The Network of Universities and University Colleges in Western Norway (until July 2009)
- Research Group: Social Influence Processes on Adolescent health
- Secretary, European Society for Developmental Psychology
- Editor-in Chief, International Journal of Behavioral Nutrition and Physical Activity
- bente.wold@psyhp.uib.no

Cecilie Vindal Ødegaard

- Post.doc., Gender and Development
- Teaching: International Master’s Programme in Gender and Development
- Research Group: Multicultural Venues for Health and Education
- Cecilie.odegaard@iuh.uib.no

Simon Øverland

- Cand Psychol (2003), PhD (2007), University of Bergen
- Post Doc, Department of Health Promotion and Development
- Researcher, Norwegian Knowledge Centre for the Health Services
- Teaching: Professional Programme in Psychology
- Research Group: Mental health epidemiology
- Board Member, Network for psychiatric epidemiology
- Member, International Federation of Psychiatric Epidemiology
- simon.overland@uib.no
Leif Edvard Aarø

- Cand Psychol (1976) University of Oslo (1976), Ph.D. (1986), University of Bergen
- Professor (20%) in Social Psychology at the University of Bergen (leave from full professorship)
- Senior Researcher, Division of Mental Health, Norwegian Institute of Public Health, Oslo.
- Teaching: Community psychology at the professional psychology programme
- Research Group: SIPA
- Member of the National (Norwegian) Council on Tobacco Control
- Member of the Scientific Council of the Norwegian Cancer Society
- Member of the editorial board of Health Promotion International
- Coordinator of the EU-funded research project PREPARE
- Leif.Aaro@psyhp.uib.no
Administrative*

Ellen Hoff

- Programme administrator, International Master's Programme in Health Promotion
- Programme administrator, Norwegian Master's Programme in Health Promotion
- Programme administrator, Bachelor's Programme in Public Health and Health Promotion
- Secretary, Programme board for study programmes in health promotion
- Administrator, Quota Programme (Global South scholarship programme)
- Ellen.Hoff@iuh.uib.no

Claudia König

- Senior Executive Officer, Department of Health Promotion and Development
- Administrator and Coordinator of EC-funded research project Alcohol Public Health Research Alliance (AMPHORA)

Wenche Marthinussen

- Chief Administrator, Department of Health Promotion and Development
- Secretary to the Department Advisory Council
- Liaison with Faculty and University-level administration
- Assistant to the Department Head for the management of the department
- Oversight and management of Department budget
- Administrator GHIG (Graduate School of Human Interaction and Growth)
- wenche.marthinussen@psyfa.uib.no

Anne Marie Yndestad Möller

- Secretary, Department of Health Promotion and Development
- Anne.moller@uib.no

Kristin Senneset

- Programme administrator, International Master's Programme in Gender and Development
- Programme administrator, Master's Programme in Child Welfare
- Secretary, Programme board for the Master's Programme in Gender and Development
 Secretary, Programme board for the Norwegian Master’s programme in Child Welfare Administrator, Quota Programme (Global South scholarship programme)
 Kristin.Senneset@iuib.uib.no

Helga Urke

 Secretary, Department of Health Promotion and Development
 helga.urke@psych.uib.no

* Some staff are employed in the Department, and others are in the central administration of the Faculty of Psychology. All the staff acknowledged here made significant contributions to the work of the Department in 2009, regardless of their formal place of employment.
Doctoral Students

Pauline Bakibinga
Mittelmark, Maurice Vinje, Hege F, academic advisor(s)
Thriving despite adversity: Ugandan Community Nurses Experiences

Andrea Baldomir
Haukanes, Haldis Sam, David Lackland, academic advisor(s)
Socialisation values, practices of childcare and early intervention programmes in Argentina

Marianne Skogbrott Birkeland
Wold, Bente, Torbjørn Torsheim, advisors
Social inequalities, initiatives and life satisfaction among adolescents

Torill Bull
Mittelmark, Maurice, Fosse, Elisabeth, academic advisor(s)
Working single mothers and wellbeing - The influence of work-family conflict, job characteristics, and financial hardship

Hope Corbin
Mittelmark, Maurice Lie, Gro Th., academic advisor(s)
North-South Partnerships for Health in Tanzania: Key Factors for Partnerships Success from the Perspective of KIWAKKUKI

Anne Grete Danielsen
Wold, Bente, Wilhelmsen, Britt Unni, academic advisor(s)
Hvordan henger psykososialt skolemiljø sammen med elevers opplevelse av trivsel og skoleprestasjoner?

Anne-Siri Fismen
Torsheim, Torbjørn, Samdal, Oddrun, academic advisor(s)
Adolescent health inequality: Psychosocial and behavioral mechanisms

Camila Gianella
Fosse, Elisabeth, Gloppen, Siri, academic advisor(s)
Analysis of the consequences of health rights litigation on access to the right to health in Colombia

Fredrik Hansen
Torsheim, Torbjørn, adviser
Social, behavioral and motivational correlates of media use in adolescence
Anette Harris
Eriksen, Hege, Murison, Robert, academic advisor(s)
Cortisol, døgnrytme, stress og helse

Hans Abraham Hauge
Mittelmark, Maurice, adviser
Forebyggende helsearbeid i kommunene: organisasjonsutvikling som pedagogiskvirkemiddel

Sigrun Henriksen
Mittelmark, Maurice, adviser
Severe social strain: Effects on psychological health and ways of coping

Asle Holthe
Samdal, Oddrun, Torill Larser advisor(s)
Strukturelle og organisatoriske barrierer for tilrettelegging av skolemåltider - identifiserings og evaluering av tiltak

Hilde Jakobsen
St. Clair, Asuncion, Lie, Gro Th., academic advisor(s)
Differentiating between the use and abuse of power: and exploration of attitudes towards corruption and violence against women in Tanzanian society

Venke Fredrike Johansen
Therese Andrews, Haldis Haukanes, Ulla Britt Lilleaas, academic advisors
Hvordan opplever brystkreftrammede kvinner åpenhet omkring egen sykdom?

Ann Kristin Knudsen
Mykletun, Arnstein, Hotopf, Matthew, academic advisor(s)
Mental disorders and work related disability

Ingrid Leversen
Samdal, Oddrun, Torsheim, Torbjørn, academic advisor(s)
Social inequalities in adolescence: Participation in organised leisure time activities and life satisfaction

Ole Melkevik
Torsheim, Torbjørn, academic advisor(s)
Behavioral and psychosocial factors in adolescent overweight

Thera Mjaaland
Haukanes, Haldis, Larsen, Peter, academic advisor(s)
Negotiating womanhoods. At the frontiers of women's empowerment in Tigray, Ethiopia
Øystein Mortensen
Thuen, Frode, Torsheim, Torbjørn, academic advisor(s)
Samlivsproblemers helseeffekt

Francis Namisi
Aarø, Leif E., adviser
Interpersonal communication on sexuality and risk related to HIV/AIDS: A study among adolescents and parents in Tanzania and South Africa

Magnus Odéen
Eriksen, Hege, Ihlebæk, Camilla, academic advisor(s)
Reducing sick leave by changes in coping. Is it possible and is it viable?

Silje Endresen Reme
Eriksen, Hege, Tangen, Tone, academic advisor(s)
What works for whom? Motivation, beliefs, psychological problems, and subjective health complaints in a population of low back pain patients

Jens Christoffer Skogen
Mykletun, Arnstein, Stewart, James Robert, academic advisor(s)
Lower birth weight as risk factor for dementia: Expanding the Barker hypothesis

Mona Solberg
Olweus, Dan Åke, adviser
Mobbing i skolen med vekt på kjønnsstereotypier

Ole Jakob Thomassen
Fosse, Elisabeth, Sørensen, Bjørg Aase, academic advisor(s)
Arbeidstakers integritet - et utgangspunkt for et bærekraftig arbeidsliv

Tore Tjora
Øverland, Simon, Hetland, Jørn, academic advisor(s)
Stabilitet eller endring - ungdoms forhold til bruk av røyk og snus

Ragnar Urheim
Mykletun, Arnstein, Palmstierna, Tom, academic advisor(s)
Aggressive behaviour in forensic patients. Characteristics of aggressive episodes, aspects of staff experience of aggressors and analysis of risk factors and influencing variables

Nina Grieg Viig
Wold, Bente, adviser
Hvordan tilrettelegge for læreres deltagelse i helsefremmende arbeid i skolen?
Annegreet Wubs
Aarø, Leif E., Hedin, Lena Widding, academic advisor(s)
Gender-based violence: prevalence, prediction and impact on safe sexual practices among adolescents in sub-Saharan Africa

Mette Aanes
Mittelmark, Maurice, adviser
Psykiske lidelser og smerter: behandlingsmessige implikasjoner mellom medisinske, psykologiske og sosiale faktorer

Elin Margrethe Aasen
Heggen, Kåre, Wold, Bente, academic advisor(s)
Brukermedvirkning i forhold til eldre dialysepasienter og deres pårørende
Research activities

Social Influences Processes in Adolescent health (SIPA)

The SIPA research group is an interdisciplinary research group of 22 scholars from various academic disciplines that over the past twenty years has developed competence in applying and developing theories and methods of social and developmental psychology in the area of adolescent health. The SIPA group aims at developing new knowledge about how social processes influence the development of subjective health and health behaviours among adolescents. Research questions are addressed by a unique combination of (i) large-scale representative international cross-sectional studies, (ii) longitudinal surveys, and (iii) intervention studies.

The group is playing a major role in several large-scale national and international studies in this research area, and continues to set up new studies based on the experiences of ongoing projects as well as on conceptual developments within the group.

Multi-cultural Venues in Health and Education (MCVENUES)

The MC-venues research group consists of researchers engaged in development-related cultural and cross-cultural research, all concerned with challenges related to knowledge exchange processes and discourses across cultural borders in the contemporary world. The interaction between local cultures and various economic, cultural and ideological flows on a global level are at the core of the group’s research interests. The research activities centre on gendered and generational aspects of global poverty, marginalisation and social exclusion, as well as the impact of Western hegemony in knowledge production, health and education.

In 2009 the group had 19 members; 6 permanent staff, 2 postdoctoral candidates, 9 PhD candidates and 2 research assistants. The group has a number of ongoing research projects in more than 20 different countries on 4 continents (Europe, Latin-America, Asia and Africa). The projects range from individual doctoral projects to large-scale externally funded projects involving extensive international cooperation. Two such externally funded projects were started in 2009: The EU-funded project *Tackling The Gradient: Applying Public Health Policies to Effectively Reduce Health Inequalities amongst Families and Children* and the NFR-funded project *Gender in poverty reduction: Critical Explorations of Norwegian Aid Policy on Gender Equality and Women’s Rights*. 
Mental Health Epidemiology (MHE)

Mental health epidemiology utilizes Norwegian and other data recourses for studies of risk factors for mental disorders, and consequences of mental disorders in terms of for example mortality and work related disability. The emphasis is on common mental disorders like anxiety, depression, somatisation, insomnia, dementia, addiction (alcohol and tobacco), and functional disorders.

The research group is closely associated with Network for Psychiatric Epidemiology (NEPE), the Norwegian Institute of Public Health, and Institute of Psychiatry, King’s College London.

Stress, Health and Rehabilitation (STRESS)

This group is organized under Unifob Health. STRESS is a shorter name which stands for Stress, health and rehabilitation. The Research Section is a part of a virtual multidisciplinary Centre for Stress, Sleep, Work, and Health. The Stress Research Section is carrying out studies on stress and subjective health complaints, in particular low back pain and fatigue, sick leave, and evaluations of controlled rehabilitation and treatment interventions. The team coordinates a large multicenter controlled trial of cognitive behavioural therapy compared with nutritional supplements, and an international network for subjective health complaints and unexplained medical symptoms under the auspices of the International Society for Behavioral Medicine.

The Olweus Group Against Bullying and Antisocial Behaviour (OLWEUS GROUP)

The two broad research goals of the Olweus Group are: 1) To study the prevalence, development, mechanisms, and prevention of externalizing and internalizing behaviour problems, with a special focus on bully/victim problems; 2) to evaluate the effects of the Olweus Bullying Prevention Program (OBPP) and its implementation, and study factors that mediate and moderate such effects. The Group uses methods of data analysis that are primarily quantitative and multi-level and sets of data have been and are being collected in several large-scale projects one of which is a government-funded initiative to offer the OBPP to all comprehensive schools in Norway. Up to now, the program has been implemented (by the Intervention Unit) in 485 Norwegian schools. The program is also used in a number of schools in other countries such as the USA, Sweden, and Lithuania. Data from schools in foreign countries will be used for international comparisons.
Teaching activities

Child Welfare Master’s Programme

Child welfare as a field of practice and research requires mixed competence and is based on understanding and theories from various disciplines. The programme focuses on essential dilemmas in the work of child care and it offers education designed to give the student a general understanding of all factors and mechanisms influencing the development and function of child and family. The programme emphasizes acquisition of methodical competence and skills in addition to establishing a critical, analytic and scientific approach to child welfare as a special field. The study’s aim is to increase the students methodical and analytical skills by enhancing knowledge of the various reasons for implementations, interventions and working methods in child welfare, - reasons of theoretical, scientific, legal and judgement based nature. Important issues are critical analysis and reflection on the complexity of the mandate and the functioning of child welfare, legal protection for the users of the services, ethic dilemmas and ones own role as a child welfare officer.

Admittance to the Master Programme in Child Welfare requires a Bachelor’s degree in child welfare, - social work, or corresponding training in subjects relevant for child welfare.

The master’s program is 120 ECTS and can be taken fulltime (2 years) or part time (4 years). The program consists of four modules of 15 ECTS and a 60 ECTS master thesis. Admittance to the program is every second autumn.

In 2009, 23 new students started in the autumn while 16 students do their master thesis work.

Gender and Development Master’s Programme

The Gender and Development course is a two-year Masters programme offering a critical and contextual perspective on both “development” and “gender.” The main aims of the programme are to 1) provide comprehension of multi-level processes of development and the significance of gender in such processes, and 2) convey understanding of the notion of gender in an interdisciplinary perspective and its complex analytical applications.

The programme emphasises global and ethical reflection, while at the same time retaining a perspective “from below” which is sensitive to local values and ideas. The GAD approach to methodology is gender sensitive and draws on feminist epistemologies and ethics.

In the Spring semester of 2009 the programme had 13 students: 3 Norwegian and 10 international students. All followed the course GAD 350, working to complete their
Master Thesis. The teaching of GAD 350 was organised in a new and innovate way, helping the students to structure their writing process and thus making their progress better. This new method, which gave GAD the Faculty’s teaching prize of the year, showed good results: with the exception of one candidate all the students managed to complete their thesis in time and with good results.

In August 2009 the GAD programme received a new group of 15 Master’s students. The programme had very many applicants, in particular for the quota scholarships for students from the global South, granted to the programme through the Norwegian government’s quota scheme. For 9 quotas, the programme had 217 applicants (147 of whom had GAD as their first priority). In addition we had more than 200 applications from self-financing international students. 9 quota students and 6 students from Norway were admitted to the programme, 3 men and 12 women. In addition we admitted 5 international visiting students who had applied to follow one or both of the theoretical courses taught during the autumn term (4 Erasmus students and 1 Nord Plus student).

Health Promotion and Health Psychology Master’s Programme

The purpose of this master’s degree programme is to train students within the field of health promotion and health psychology, and the program aim to qualify within education, practice and research. Students are exposed to both individual and structural aspects relevant for health promotion, health behaviour and the perceptions of health. Emphasis is given to ideology in health promotion, theoretical frames for planning, implementing and evaluating health promoting actions, as well as a critical review of the theoretical foundation for the field of health promotion and health psychology. The master's thesis is scholarly research, intended to give students the opportunity to apply the knowledge and skills they have acquired during the first year of the programme. In the thesis research project, the student should demonstrate skills in planning, conducting, analysing and reporting on a health promotion investigation. Separate Module Descriptions are available for all Modules, containing details of core competencies covered, scope of content, student activities and requirements, learning methods and assessment methods/grading.

Students who complete the two-year programme are awarded the degree Master of Philosophy. The programme requires four semesters of full time study, earning 120 ECTS. The program consist of four modules of 15 ECT and a 60 ECT master thesis

During 2009, 20 students were enrolled in the programme.

International Health Promotion Master’s Programme

The aim of this master’s degree programme is to train health promotion specialists, prepared to participate in health promotion practice and research and to use the
findings of research to improve the quality and effectiveness of health promotion action.

Applicants must be prepared academically at least at the baccalaureate level or have a combination of education and experience that is equally qualifying. Applicants should have intensive study in at least one of the fields or professions most relevant to health promotion, including but not limited to psychology, sociology, medicine, dentistry, public health, anthropology, economics, and education. Applicants may, in special cases, be exempted from the formal educational requirements if they are able to document sufficiently extended work experience that is relevant to health promotion. Applicants must have proficiency in the English language, including reading, writing, and comprehension. These language skills are essential, as English is the language of instruction, examinations, written assignments, and the thesis.

The programme requires four semesters of full time study, earning 120 ECTS. The period of study is 10 months a year, plus field work during summer 2011 for those who will collect data connected to the master’s thesis (Figure 1). Separate Module Descriptions are available for all Modules, containing details of core competencies covered, scope of content, student activities and requirements, learning methods and assessment methods/grading.

During 2009, 20 students were enrolled in the programme, including students from Norway, Sub-Saharan Africa, the USA and Georgia in the Southern Caucuses.

**Bachelor’s programme in Public Health and Health Promotion**

The programme is collaboration between the Faculty of Psychology, the Faculty of Social Sciences and the Faculty of Humanities. The programme is coordinated by the Department of Health Promotion and Development.

The aim is to provide the candidates with qualifications in public health and health promotion research and practice, and planning and evaluation of health promotion programs. Emphasis is given to individual, environmental and societal conditions, risk and resources, influencing both mental and physical health. Health economics and cultural and historical perspectives on health and the prevention of disease are central topics in the programme.

In the spring semester of 2010, 60 students are enrolled in the programme.

**Graduate School of Human Interaction and Growth (PhD)**

The Graduate School of Human Interaction and Growth (GHIG) is a collaboration between the Department of Education and Health Promotion and the Department of Psychosocial Sciences. The graduate school focuses on social and psychological change
processes within fields such as organisation and leadership, school development and learning, and health promotion and preventive initiatives.

The PhD-projects connected with GHIG are based on a broad theoretical foundation, but with a clear emphasis on theories of change within a social scientific relational perspective. Important topics and analytical concepts are related to social processes and relations such as social conflicts, discourses, social differences, social trends, social cognitive processes, democracy, marginalisation, and gender and development.

In 2009, GHIG included 34 PhD candidates and 17 faculty staff. GHIG is a supplement to the elective part of the PhD program at the Faculty of Psychology, and aims to offer 9-10 ECT in scientific perspectives, research methods and dissemination through courses, seminars and workshops and social activities.

**Professional Studies in Psychology**

The Department contributes to the education of professional psychologists at the Faculty of psychology, primarily through the teaching activities of academic staff members Bente Wold, Leif Edvard Aarø, Arnstein Mykletun and Simon Øverland.

**Bergen Summer Research School**

The third edition of the Bergen Summer Research School is dedicated to the theme of Global Health and will be held 21 June – 2 July 2010. The 2010 theme will intersect with the other key topics of the Bergen Summer Research School (poverty, climate, environment, energy, norms, values, language and culture) and aims to promote collaboration, interaction and joint learning across disciplines on research topics and challenges related to global health and development. These challenges affect all countries in all income categories. The concept of Global Health is defined as “an area for study, research and practice that places a priority on improving health and achieving equity in health for all people worldwide.”
Publications

Allegrante, John P.; Barry, Margaret M.; Airhihenbuwa, Collins O.; Auld, M. Elaine; Collins, Janet L.; Lamarre, Marie-Claude; Magnusson, Gudjon; McQueen, David V.; Mittelmark, Maurice B.Domains of core competency, standards, and quality assurance for building global capacity in health promotion: The Galway Consensus Conference Statement. Health Education & Behavior 2009 ;Volume 36.(3) s. 476-482

Archard, David; Skivenes, Marit. Hearing the child. Child & Family Social Work 2009; Volume 14.(4) s. 391-399


Bekele, Yilma Yitayew; Flisher, Alan J.; Alem, Atalay; Baheretebeb, Y. Pathways to psychiatric care in Ethiopia. Psychological Medicine 2009 ;Volume 39.(3) s. 475-483

Birkeland, Marianne Skogbrott; Rimehaug, Tormod; Arefjord, Kjersti; Jøraas, Terje. Klienters erfaringer med e-terapi som tillegg til vanlig psykoterapi. Tidsskrift for Norsk Psykologforening 2009 ;Volume 46.(4) s. 348-354

Birkeland, Marianne Skogbrott; Torsheim, Torbjørn; Wold, Bente. A longitudinal study of the relationship between leisure-time physical activity and depressed mood among adolescents. Psychology of Sport And Exercise 2009 ;Volume 10.(1) s. 25-34

Bjelland, Ingvar; Lie, Stein Atle; Dahl, Alv Andreas; Mykletun, Arnstein; Stordal, Eystein; Kraemer, Helena C. A dimensional versus a categorical approach to diagnosis: Anxiety and depression in the HUNT 2 study. International Journal of Methods in Psychiatric Research 2009 ;Volume 18.(2) s. 128-137


Bull, Torill. Social determinants of health in very poor ruralities.. Global Health Promotion 2009 ;Volume 1(1)

Danielsen, Anne Grete; Samdal, Oddrun; Hetland, Jørn; Wold, Bente. School-related social support and students' perceived life satisfaction. The Journal of educational research (Washington, D.C.) 2009; Volume 102.(4) s. 303–318

Draper, Catherine E.; Lund, Crick; Kleintjes, Sharon; Funk, Michelle; Omar, Maye; Flisher, Alan J. Mental health policy in South Africa: development process and content. Health Policy and Planning 2009 ;Volume 24.(5) s. 342-356

Due, Pernille; Merlo, Juan; Harel-Fisch, Yossi; Damsgaard, Mogens Trab; Holstein, Bjørn; Hetland, Jørn; Currie, Candace; Gabhainn, Saoirse Nic; de Matos, Maria Gaspar; Lynch, John. Socioeconomic inequality in exposure to bullying during adolescence: A comparative, cross-sectional, multilevel study in 35 countries. American Journal of Public Health 2009 ;Volume 99.(5) s. 907-914

Engesæth, Linda Katrin; Holsen, Ingrid. Skuletilfredsheit i dei seine barneåra: Kva rolle speler sosial støtte og sosialøkonomisk status?. Skolepsykologi 2009 ;Volume 44.(2) s. 49-57

Flisher, Alan J. Does the impact factor have too much impact?. SAMJ South African Medical Journal 2009 ;Volume 99.(4) s. 226-228

Fosse, Elisabeth. Norwegian public health policy: revitalization of the social democratic welfare state?. International Journal of Health Services 2009 ;Volume 39.(2) s. 287-300

Freeman, John G.; Samdal, Oddrun; Klinger, Don A.; Dür, Wolfgang; Griebler, Robert; Currie, Dorothy; Rasmussen, Mette. The relationship of schools to emotional health and bullying. International Journal of Public Health 2009 ;Volume 54. s. 251-259


Halleland, Helene; Harris, Anette; Sornes, Silje; Murison, Robert; Ursin, Holger. Subjective health complaints, stress, and coping in orchestra musicians. Medical problems of performing artists 2009 ;Volume 24.(2) s. 58-62


Helleve, Arnfinn; Flisher, Alan J.; Onya, Hans; Kaaya, Sylvia; Mukoma, Wanjiru; Swai, Caroline; Klepp, Knut-Inge. Teachers' confidence in teaching HIV/AIDS and sexuality in South African and Tanzanian schools. Scandinavian Journal of Public Health 2009; Volume 37. s. 55-64

Helleve, Arnfinn; Flisher, Alan J.; Onya, Hans; Mukoma, Wanjiru; Klepp, Knut-Inge. South African teachers' reflections on the impact of culture on their teaching of sexuality and HIV/AIDS. Culture, Health and Sexuality 2009; Volume 11.(2) s. 189-204


Hildrum, Bjørn; Mykletun, Arnstein; Dahl, Alv Andreas; Midthjell, Kristian. Metabolic syndrome and risk of mortality in middle-aged versus elderly individuals: the Nord-Trøndelag Health Study (HUNT). Diabetologia 2009; Volume 52.(4) s. 583-590

Hildrum, Bjørn; Mykletun, Arnstein; Midthjell, Kristian; Ismail, Khalida; Dahl, Alv Andreas. No association of depression and anxiety with the metabolic syndrome: the Norwegian HUNT study. Acta Psychiatrica Scandinavica 2009; Volume 120.(1) s. 14-22

Holsen, Ingrid; Iversen, Anette Christine; Smith, Brian H. Universal Social Competence Promotion Programme in School: Does it Work for Children with Low Socio-Economic Background?. Advances in School Mental Health Promotion 2009; Volume 2.(2) s. 51-60

Iversen, Annette Christine; Hetland, Hilde; Havik, Toril; Stormark, Kjell Morten. Learning difficulties and academic competence among children in contact with the child welfare system. Child & Family Social Work 2009

Iversen, Marianne Sandstad; Ødegaard, Cecilie V.. "DESARROLLO, PROGRESO Y MODERNIDAD" Sosiale drama og ønsker om sosial mobilitet blant kvinner tilknyttet et

Jacka, Felice N.; Øverland, Simon; Stewart, Robert; Tell, Grethe S; Bjelland, Ingvar; Mykletun, Arnstein. Association between magnesium intake and depression and anxiety in community-dwelling adults: the Hordaland Health Study. Australian and New Zealand journal of psychiatry (Print) 2009 ;Volume 43.(1) s. 45-52


Jøraas, Eivind; Rimehaug, Tormod; Birkeland, Marianne Skogbrott; Arefjord, Kjersti. E-terapi som supplement i poliklinisk oppfølging av ungdom – en kvalitativ studie av terapeuterfaringer. Tidsskrift for Norsk Psykologforening 2009 ;Volume 46.(4) s. 355-361


Klepp, Knut Inge; Aarø, Leif Edvard. Ungdom, livsstil og helsefremmende arbeid.. Gyldendal Akademisk 2009 (ISBN 9788205325524) 380 s.

Lamarre, Marie Claude; Jackson, Suzanne; Mittelmark, Maurice B; Onya, Hans; Leger, Lawrie St.; Contu, Paolo. New horizons for social development. Global Health Promotion 2009 ;Volume 16.(1) s. 65-68

Lund, Crick; Boyce, Gerard; Flisher, Alan J.; Kafaar, Zuhayr; Dawes, Andrew. Scaling up child and adolescent mental health services in South Africa: Human resource requirements and costs. Journal of Child Psychology and Psychiatry and Allied Disciplines 2009 ;Volume 50.(9) s. 1121-1130

Lund, Crick; Flisher, Alan J. A model for community mental health services in South Africa. Tropical medicine & international health 2009 ;Volume 14.(9) s. 1040-1047


Mathews, Catherine; Guttmacher, Sally J.; Flisher, Alan J.; Mtshizana, Yolisa Y.; Nelson, Tobey; McCarthy, Jean; Daries, Vanessa. The Quality of HIV Testing Services for Adolescents in Cape Town, South Africa: Do Adolescent-Friendly Services Make a Difference? Journal of Adolescent Health 2009 ;Volume 44.(2) s. 188-190
Mathews, Cathy; Aarø, Leif Edvard; Flisher, Alan J.; Mukoma, Wanjiru; Wubs, Annegreet Gera; Schaalma, Herman. Predictors of first sexual intercourse among adolescents in Cape Town, South Africa. *Health Education Research* 2009 ;Volume 24.(1) s. 1-10

Mittelmark, Maurice B. Confessions of a scholastic distortionist and selectivist. *Perspectives in Public Health* 2009 ;Volume 129.(5) s. 199-199

Mittelmark, Maurice B. Views of Health Promotion Online (VHPO) is alive and kicking at www.vhpo.ntel!. *Global Health Promotion* 2009 ;Volume 16.(1) s. 3-4


Mykletun, Arnstein; Bjerkeset, Ottar; Øverland, Simon; Prince, Martin J.; Dewey, Michael; Stewart, Robert. Levels of anxiety and depression as predictors of mortality: the HUNT study. *British Journal of Psychiatry* 2009 ;Volume 195. s. 118-125

Mykletun, Arnstein; Heradstveit, Ove; Eriksen, Kari; Glozier, Nicholas; Øverland, Simon; Mæland, John Gunnar; Wilhelmsen, Ingvar. Health anxiety and disability pension award: The HUSK study. *Psychosomatic Medicine* 2009 ;Volume 71.(3) s. 353-360


Namisi, Francis Sande; Flisher, Alan J.; Øverland, Simon; Bastien, Sheri; Onya, Hans; Kaaya, Sylvia; Aarø, Leif Edvard; Wubs, Annegreet Gera. Sociodemographic variations in communication on sexuality and HIV/AIDS with parents, family members and teachers among in-school adolescents: A multi-site study in Tanzania and South Africa. *Scandinavian Journal of Public Health* 2009 ;Volume 37. s. 65-74


Onya, Hans; Aarø, Leif Edvard; Madu, Sylvester N. Social outcome expectations regarding delayed sexual debut among adolescents in Mankweng, South Africa. Scandinavian Journal of Public Health 2009 ;Volume 37. s. 92-100

Petersen, Inge; Bhana, Arvin; Campbell-Hall, Victoria; Mjadu, Sithembile; Lund, Crick; Kleintjies, Sharon; Hosegood, Victoria; Flisher, Alan J. Planning for district mental health services in South Africa: a situational analysis of a rural district site. Health Policy and Planning 2009 ;Volume 24.(2) s. 140-150

Ravens-Sieberer, U; Torsheim, Torbjørn; Hetland, Jørn; Vollebergh, W; Cavallo, F; Jericek, H; Alikasifoglu, M; Valimaa, R; Ottova, V; Erhart, M. Subjective health, symptom load and quality of life of children and adolescents in Europe. International Journal of Public Health 2009 ;Volume 54. s. 151-159

Reber, Rolf; Hetland, Hilde; Chen, Weiqin; Norman, Elisabeth; Kobbeltvedt, Therese. Effects of example choice on interest, control, and learning. The Journal of the learning sciences 2009 ;Volume 4.(18) s. 509-548

Reme, Silje Endresen; Berggraf, Lene; Anderssen, Norman; Johnsen, Tom Backer. Er religion neglisert i psykologutdanningen?. Tidsskrift for Norsk Psykologforening 2009 ;Volume 46. s. 837-842

Reme, Silje Endresen; Hagen, Eli Molde; Eriksen, Hege Randi. Expectations, perceptions, and physiotherapy predict prolonged sick leave in subacute low back pain. BMC Musculoskeletal Disorders 2009 ;Volume 10.(1) s. 139-

Rivenes, Ann Christin; Harvey, Samuel B.; Mykletun, Arnstein. The relationship between abdominal fat, obesity, and common mental disorders: Results from the HUNT Study. Journal of Psychosomatic Research 2009 ;Volume 66.(4) s. 269-275

Roberts, Chris; Freeman, John; Samdal, Oddrun; Schnohr, Christina W; de Looze, Margaretha E.; Gabhainn, Saoirse Nic; Iannotti, Ron; Rasmussen, Mette. The Health Behaviour in School-aged Children (HBSC) study: methodological developments and current tensions. International Journal of Public Health 2009 ;Volume 54. s. 140-150


Samdal, Oddrun & Torsheim, Torsheim (2009). Skolen som arena for helsefremmende kostholdsarbeid. I. Wilhelmsen, Britt Unni & Holthe, Asle (red), Mat og helse i skolen, s. 50-59. Bergen: Fagbokforlaget


Sandstad Iversen, Marianne; Ødegaard, Cecilie V. "DESARROLLO, PROGRESO Y MODERNIDAD" Sosiale drama og ønsker om sosial mobilitet blant kvinner tilknyttet et statlig utviklingsprogram i Lima, Peru.. : Universitet i Bergen, institutt for Sosialantropoligi 2009

Schaalma, Herman; Aarø, Leif Edvard; Flisher, Alan J.; Mathews, Catherine; Kaaya, Sylvia; Onya, Hans; Ragnarsson, Anders; Klepp, Knut-Inge. Correlates of intention to use condoms among Sub-Saharan African youth: The applicability of the theory of planned behaviour. Scandinavian Journal of Public Health 2009 ;Volume 37. s. 87-91

Selikow, Terry Ann; Ahmed, Nazeema; Flisher, Alan J.; Mathews, Catherine; Mukoma, Wanjiru. I am not "umqwayito": A qualitative study of peer pressure and sexual risk behaviour among young adolescents in Cape Town, South Africa. Scandinavian Journal of Public Health 2009 ;Volume 37. s. 107-112

Sivertsen, Børge; Krokstad, Steinar; Mykletun, Arnstein; Øverland, Simon Nygaard. Insomnia Symptoms and Use of Health Care Services and Medications. The HUNT-2 Study. Behavioural Sleep Medicine 2009 ;Volume 7.(4) s. 210-222

Sivertsen, Børge; Krokstad, Steinar; Øverland, Simon; Mykletun, Arnstein. The epidemiology of insomnia: Associations with physical and mental health. The HUNT-2
Sivertsen, Børge; Øverland, Simon; Bjorvatn, Bjørn; Mæland, John Gunnar; Mykletun, Arnstein. Does insomnia predict sick leave? The Hordaland Health Study. *Journal of Psychosomatic Research* 2009; Volume 67.(2) 109-116

Sivertsen, Børge; Øverland, Simon; Pallesen, Ståle; Bjorvatn, Bjørn; Nordhus, Inger Hilde; Mæland, John Gunnar; Mykletun, Arnstein. Insomnia and long sleep duration are risk factors for later work disability. The Hordaland Health Study. *Journal of Sleep Research* 2009; Volume 18.(1) 67-74

Skogen, Jens Christoffer; Harvey, Samuel B.; Henderson, Max; Stordal, Eystein; Mykletun, Arnstein. Anxiety and depression among abstainers and low-level alcohol consumers. The Nord-Trøndelag Health Study. *Addiction* 2009; Volume 104.(9) 1519-1529


Sorsdahl, K; Stein, Dan J.; Grimsrud, Anna; Seedat, Soraya; Flisher, Alan J.; Williams, David R; Myer, Landon. Traditional Healers in the Treatment of Common Mental Disorders in South Africa. *Journal of Nervous and Mental Disease* 2009; Volume 197.(6) 434-441

Stang, Ingun; Mittelmark, Maurice B. Learning as an empowerment process in breast cancer self-help groups. *Journal of Clinical Nursing* 2009; Volume 18.(14) 2049-2057

Tjomsland, Hege Eikeland; Viig, Nina Grieg; Larsen, Torill Marie Bogsnes; Wold, Bente. A fifteen year follow-up study of Health Promoting Schools in Norway: School leaders’ perceptions of conditions influencing sustainability.. *The Open Education Journal* 2009; Volume 2. s. 54-64


Tveito, Torill Helene; Eriksen, Hege Randi. Integrated health programme: a workplace randomized controlled trial.. *Journal of Advanced Nursing* 2009; Volume 65.(1) 110-119
Waage, Siri; Moen, Bente Elisabeth; Pallesen, Ståle; Eriksen, Hege Randi; Ursin, Holger; Åkerstedt, Torbjørn; Bjorvatn, Bjørn. Shift work disorder among oil rig workers in the North Sea. Sleep 2009; Volume 32.(4) s. 558-565

Wenzel, Hanne Gro; Mykletun, Arnstein; Nilsen, Tom Ivar Lund. Symptom profile of persons self-reporting whiplash: a Norwegian population-based study (HUNT 2). European spine journal 2009; Volume 18.(9) s. 1363-1370


Wiium, Nora; Aarø, Leif Edvard; Hetland, Jørn. Subjective attractiveness and perceived trendiness in smoking and snus use: A study among young Norwegians. Health Education Research 2009; Volume 24.(1) s. 162-172

Wiium, Nora; Wold, Bente. An ecological system approach to adolescent smoking behaviour. Journal of Youth and Adolescence 2009; Volume 38.(10) s. 1351-1363


Wyller, Vegard B; Eriksen, Hege Randi; Malterud, Kirsti. Can sustained arousal explain the Chronic Fatigue Syndrome?. Behavioral and Brain Functions 2009; Volume 5. s. -

Øyeflaten, Irene; Lie, Stein Atle; Ihlebæk, Camilla; Brage, Søren; Eriksen, Hege Randi. Comparison of self-reported and register data on sickness absence among Norwegian patients participating in an occupational rehabilitation program. Norsk Epidemiologi 2009; Volume 19.(2) s. 161-167

Aarø, Leif Edvard; Flisher, Alan J.; Kaaya, Sylvia; Namisi, Francis Sande; Wubs, Annegreet Gera; Wubs, A. Parental education as an indicator of socioeconomic status: Improving quality of data by requiring consistency across measurement occasions. Scandinavian Journal of Public Health 2009;Volume 37. Suppl. 2 s. 16-27.


Sources of research support

Researchers at the Research Centre for Health Promotion are involved in a number national, and international collaborative efforts (projects and networks) with researchers in more than 70 countries. Most of the key collaborative projects and networks are listed here:

National:

- Forskernettverk for skolebaserte tiltak, initiat av Atferdssenteret, Oslo (Ingrid Holsen)
- Network of Psychiatric Epidemiology (NEPE) (a national network of researchers from universities, hospitals and research institutes all over Norway, coordinated by Arnstein Mykletun
- Family Research Forum (a national network for researchers and personnel working in relevant ministries and directorates on family research issues, coordinated by Frode Thuen
- Voksen i år 20000 (en togenerasjons, longitudinell studie over 17 år, ledet av Bente Wold

European:

- EU COST B 13 program for European guidelines for treatment and prevention of low back pain, Hege Randi Eriksen, Holger Ursin
- The EC-funded project Public Health Training in the Context of an Enlarging Europe (PHETICE), Elisabeth Fosse
- The EC-funded project Closing the Gap, Elisabeth Fosse
- European Association of Development Research and Training Institutes (GAD), Haldis Haukanes, Marit Tjomsland
- The COST-funded network Remaking eastern borders in Europe: A network exploring social, moral and material relocations of Europe's eastern peripheries, Haldis Haukanes
• Nordic and East/Central European Network for Qualitative Social Research (NECEN)
• The EC-funded Alcohol Policy Network in the Context of a Larger Europe (BtG) research network, Maurice Mittelmark
• The EC-funded Health Inequalities Research Network (DETERMINE), Elisabeth Fosse
• The EC-funded Research Project Promoting Adolescent health through an intervention aimed at improving the quality of their participation in Physical Activity (PAPA). University of Birmingham, University of Valencia, Norwegian School of Sport Sciences, Oddrun Samdal and Bente Wold
• The EC-funded Research Project Applying Public Health Policies to Effectively Reduce Health Inequalities amongst Families and Children (GRADIENT), Elisabeth Fosse
• The EC-funded research project Alcohol Public Health Research Alliance (AMPHORA), Maurice Mittelmark
• The EC-funded Building Capacity Project (BCP), Maurice Mittelmark
• Schools for health in Europe (48 countries), Change of national coordinator in 2009 from Oddrun Samdal to Nina Grieg Viig
• EU-funded (DGV) funded project HEPS (Healthy Eating and Physical activity in School), 16 partners, Oddrun Samdal og Nina Grieg Viig

International beyond Europe:

• The Scientific Committee for Antarctic Research (SCAR) Human Biology and Medicine Working Group (Hege Randi Eriksen, Holger Ursin)
• Selection of Antarctic Personell, British Antarctic Survey (SOAP, Hege Randi Eriksen, Holger Ursin)
• International Network for Subjective and Unexplained Health Complaints. Collaborative project under The International Society for Behavioral Medicine (Hege Randi Eriksen, Camilla Ihlebæk, Holger Ursin)
• Childrens Right’s Forum (Ragnhild Hollekim)
The multi-disciplinary NUFU funded project “Gender, generation and social mobilisation: Challenges of reproductive health and rights among vulnerable groups in Ethiopia, Sudan and Tanzania”, a co-operation between University of Addis Ababa, Ethiopia; Ahfad University for Women (AUW), Sudan; University of Dar es Salaam, Tanzania; Muhimbili University College of Health Sciences, Tanzania; University of Bergen and Bergen University College, Norway. (funding period 2007-2011) (Senior Co-researcher Gro Therese Lie and Haldis Haukanes, Tjomsland and Marguerite Daniel).

The NUFU-funded Joint Tanzanian Norwegian Project on Counselling, Education and Health Promotion (CEHP) - a Research and Competence Building Programme, a Co-operation between the University of Bergen (Faculty of Psychology and Faculty of Medicine) and the University of Dar es Salaam (Faculty of Education) in the period 1996-2001 and the period 2002-2007. (Co-ordinator Gro Therese Lie)

The NUFU funded project “Globalisation and Changes in Survival and Care: the Case of Ghana” A co-operation between the University of Bergen and the University of Ghana, Legon (funding period 2003-2007 and the period 2007 - 2011). (Co-ordinator Asun St. Clair, Co-researcher Gro Therese Lie)


The EC-funded EURO-INDIA Public/Private Partnerships for Primary Health Care project (Maurice Mittelmark)

The WHO study on Health Behaviour in School-aged Children (close research collaboration with researchers in 43 countries) (previously coordinated by Bente Wold, data bank coordinated by Oddrun Samdal)

International collaboration on Positive Psychology websites and data collection with the Positive Psychology Center, University of Pennsylvania, University of Hong Kong and University of Madrid (Bente Wold)

Nordic network for gender research in Latin America (HAINA) (Cecilie Ødegaard)

Nordic network for Latin American research (NOLAN) (Cecilie Ødegaard)
The SATZ study network (collaboration with researchers in seven universities in Europe and Africa) (study funded by the EC and coordinated by Leif Edvard Aarø)

**Governance**

The Department is governed under the rules and regulations for university Institutes generally, and under the governance structure of the Faculty of Psychology. In 2009, as the Research Centre for Health Promotion, Leif Edvard Aarø was Director in the period 1 January 2009 through 30 July 2009, after which Maurice B. Mittelmark became Director. Wenche Marthinussen was the Chief Administrator. The daily operations of the Centre were coordinated by an Executive Committee, composed of the leaders of research and teaching activities (corresponding to the sections above, on research and teaching), with representation of the Doctoral students and post doctoral scholars:

Executive Committee participation*:

Maurice B. Mittelmark, Chair
Hege Eriksen
Elisabeth Fosse
Haldis Haukanes
Ingrid Holsen*
Gro Th. Lie
Wenche Marthinussen
Ole Melkevik
Arnstein Mykletun
Dan Olweus
Oddrun Samdal*
Jens Skogen*
Marit Tjomsland*
Bente Wold

* Substitute/added members

**PhD’s Awarded since 1989**


1993  Thuen, F., Dr. psychol.  Accident-related behaviour among children and young adolescents: Prediction and prevention.


1996  Anderssen, N., Dr. psychol.  Physical activity of young people in a health perspective: Stability, change and social influences.

1996  Strumse, Einar, Dr. philos.  The psychology of aesthetics: explaining visual preferences for agrarian landscapes in Western Norway.

1996  Lugoe, L. Wycliffe, Dr. philos.  Prediction of Tanzanian students’ HIV risk and preventive behaviours.

1996  Lie, Gro Therese, Dr. psychol.  The disease that dares not speak its name: Studies on factors of importance for coping with HIV/AIDS in Northern Tanzania.


1997  Skjæveland, Oddvar, Dr. psychol.  Relationships between spatial-physical neighborhood attributes and social relations among
neighbors.

1997 Wilhelmsen, Britt Unni, Dr. philos. Development and evaluation of two educational programmes designed to prevent alcohol use among adolescents.

1998 Jakobsen, Reidar, Dr. psychol. Empiriske studier av kunnskap og holdninger om hiv/aids og den normative seksuelle utvikling i ungdomsårene.

1999 Samdal, Oddrun, Dr. philos. The school environment as a risk or resource for students’ health-related behaviours and subjective well-being.

1999 Friestad, Christine, Dr. philos. Social psychological approaches to smoking.

2001 Fekadu, Zelalem W., Dr. philos. Predicting contraceptive use and intention among a sample of adolescent girls. An application of the theory of planned behaviour in Ethiopian context.

2001 Melesse, Fantu, Dr. philos. The more intelligent and sensitive child (MISC) mediational intervention in an Ethiopian context: An evaluation study.

2002 Kallestad, Jan Helge, Dr. philos. Teachers, schools and implementation of the Olweus Bullying Prevention Program.

2003 Holsen, Ingrid, Dr. philos. Depressed mood from adolescence to ‘emerging adulthood’. Course and longitudinal influences of body image and parent-adolescent relationship.

2004 Torsheim, Torbjørn, Dr. psychol. Student role strain and subjective health complaints: Individual, contextual, and longitudinal perspectives.

<table>
<thead>
<tr>
<th>Year</th>
<th>Author</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>2005</td>
<td>Iversen, Anette Christine, Dr. philos.</td>
<td>Social differences in health behaviour: the motivational role of perceived control and coping.</td>
</tr>
<tr>
<td>2005</td>
<td>Wiium, Nora, PhD</td>
<td>Intrapersonal factors, family and school norms: combined and interactive influence on adolescent smoking behaviour.</td>
</tr>
<tr>
<td>2005</td>
<td>Larsen, Torill M. B., PhD</td>
<td>Evaluating principals’ and teachers’ implementation of Second Step. A case study of four Norwegian primary schools.</td>
</tr>
<tr>
<td>2005</td>
<td>Bancila, Delia, PhD</td>
<td>Psychosocial stress and distress among Romanian adolescents and adults.</td>
</tr>
<tr>
<td>2006</td>
<td>Nordanger, Dag Øystein, Dr. psychol.</td>
<td>Psychosocial discourses and responses to political violence in post-war Tigray, Ethiopia.</td>
</tr>
<tr>
<td>2006</td>
<td>Bendixen, Mons, PhD</td>
<td>Antisocial behaviour in early adolescence: Methodological and substantive issues.</td>
</tr>
<tr>
<td>2006</td>
<td>Mrumbi, Khalifa Maulid, PhD</td>
<td>Parental illness and loss to HIV/AIDS as experienced by AIDS orphans aged between 12-17 years from Temeke District, Dar es Salaam, Tanzania: A study of the children’s psychosocial health and coping responses.</td>
</tr>
<tr>
<td>2006</td>
<td>Hetland, Jørn, Dr. psychol.</td>
<td>The nature of subjective health complaints in adolescence: Dimensionality, stability, and psychosocial predictors</td>
</tr>
<tr>
<td>2006</td>
<td>Kakoko, Deodatus Conatus Vitalis, PhD</td>
<td>Voluntary HIV counselling and testing service uptake among primary school teachers in Mwanza, Tanzania: assessment of socio-demographic, psychosocial and socio-cognitive aspects</td>
</tr>
<tr>
<td>2006</td>
<td>Mykletun, Arnstein, Dr. psychol.</td>
<td>Mortality and work-related disability as long-term consequences of anxiety and depression: Historical cohort designs based on the HUNT-2 study</td>
</tr>
<tr>
<td>2007</td>
<td>Singhammer, John, Dr. philos.</td>
<td>Social conditions from before birth to early adulthood – the influence on health and health behaviour</td>
</tr>
<tr>
<td>Year</td>
<td>Author(s)</td>
<td>Title</td>
</tr>
<tr>
<td>------</td>
<td>-----------</td>
<td>-------</td>
</tr>
<tr>
<td>2007</td>
<td>Tveito, Torill Helene, PhD</td>
<td>Sick Leave and Subjective Health Complaints</td>
</tr>
<tr>
<td>2007</td>
<td>Øverland, Simon Nygaard, PhD</td>
<td>Mental health and impairment in disability benefits. Studies applying linkages between health surveys and administrative registries.</td>
</tr>
<tr>
<td>2007</td>
<td>Vinje, Hege Forbech, PhD</td>
<td>Thriving despite adversity: Job engagement and self-care among community nurses</td>
</tr>
<tr>
<td>2008</td>
<td>Carvalhosa, Susana Fonseca, PhD</td>
<td>Prevention of bullying in schools: an ecological model</td>
</tr>
<tr>
<td>2008</td>
<td>Haug, Ellen, PhD</td>
<td>Multilevel correlates of physical activity in the school setting</td>
</tr>
<tr>
<td>2008</td>
<td>Kjønniksen, Lise, PhD</td>
<td>The association between adolescent experiences in physical activity and leisure time physical activity in adulthood: a ten year longitudinal study</td>
</tr>
<tr>
<td>2009</td>
<td>Wangberg, Silje C., PhD</td>
<td>Internet based interventions to support health behaviours: The role of self-efficacy.</td>
</tr>
<tr>
<td>2009</td>
<td>Tjomsland, Hege E., PhD</td>
<td>Health promotion with teachers. Evaluation of the Norwegian Network of Health Promoting Schools: Quantitative and qualitative analyses of predisposing, reinforcing and enabling conditions related to teacher participation and program sustainability.</td>
</tr>
<tr>
<td>2009</td>
<td>Stang, Ingunn, PhD</td>
<td>Being in the same boat: An empowerment intervention in breast cancer self-help groups”</td>
</tr>
</tbody>
</table>